

Take Your Time - choreography

Choreographed for 4 individuals or groups - A,B,C & D

Start position: facing audience, feet apart, arms by sides, head down.

All

Wait (7,8... 1234) Heads up (5) and hold (678)
Roll right shoulder backwards (1234), then left shoulder (5678)

In canon - one after another in turn as shown (0:08)

Cards 14, 3, 23, 30

Rainbows from R to L then freeze (A 1234; B 5678; C 1234; D 5678)
Rainbows from L to R, then Puppet Knees & freeze (A 12,34; B 56,78; C 12,34; D 56,78)
Four Corners and freeze (A & B 1234; C & D: 5678)
Jump feet out, jump feet crossed, turn 360 degrees, and pose (A & B 1234; C & D: 5678)
Open Turn towards each other [*cross over if limited space*] (A & D 1234; C & B 5678)
Body Ripple to R (A & D 1234)
Body Ripple to L (C & B 5678)

All (0:40 - and repeat 0:56)

Cards 24, 4, 26, 20, 31

2 x Knee Bounces R,L (12,34)
2 x Kick the Ball R, L (56,78)
2 x Knee Bounces R,L (12,34)
2 x Slide-Hugs R,L (56,78)
2 x Peekaboo R,L (12,34)
Skater R,L (56,78)
2 x Peekaboo R,L (12,34)
Forward Body Ripple (5678)

[repeat]

Cards 15, 6, 8, 14

Last section (1:13)

Step-Together-Step, jump (*travelling sideways and punching hand up on jump*) R,L (1234,5678)
Rebound R L (12,34)
2 x Shoulders Shrugs (56,78)

[repeat]

Rainbows from R to L finish in start position